

FÉDÉRATION INTERNATIONALE
DE GYMNASTIQUE



**CODE OF POINTS ACROBATIC GYMNASTICS
TABLES OF DIFFICULTY 2017-2020**

April 2016

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PREAMBLE

The Tables of Difficulty are integral to the FIG Code of Points (CoP) for Acrobatic Gymnastic. It is important when using the Tables that reference is made to Section V and VIII of the Code of Points.

The document contains elements which are possible for performance in Acrobatic Gymnastics' competition. Through selection of starts, motions, mounts, holds and dismounts, competitors are able to be creative in forming exercises.

The document content is evolutionary rather than definitive. Additions and modifications are made as new elements are created and clarifications become necessary.

These Tables may **not** be reproduced without written permission of the FIG.

Acknowledgements

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INTRODUCTION

Content

The Tables of Difficulty are used in all FIG approved competitions. Only elements in the Tables of Difficulty may be performed for difficulty credit at FIG events.

The Tables include elements or parts of elements already performed during the history of Acrobatic Gymnastics, in addition to a range of potential to be performed in the future.

Difficulty is given for pair and group elements as well as individual elements.

Some elements have been declared '**forbidden**' in the interests of safety and aesthetics.

Difficulty Value of Elements

The difficulty value of a pair or group element is the sum of the different parts of the element.

Tariff Sheets

At the end of the Tables of Difficulty is an example of the official Tariff Sheet on which the elements of each exercise to be performed during a competition are declared. Each exercise is drawn on a separate Tariff Sheet. The rules for completing a Tariff Sheet are explained in the Code of Points.

A drawing must be made of each pair group element in the order it is to be performed. Pair group elements precede individual elements that also must be drawn in the order to be performed. Drawings may be reproduced from the Tables of Difficulty. The Tariff Sheet must be "**Computer generated**". Original drawings (TOD, AGR) must be clearly presented and not open to a variety of interpretations. Shorthand notation on Tariff Sheets may **not** be used.

The pages from which elements are created or selected, the number of the drawing and the value of the element and its parts must be recorded on the Tariff Sheet. The intended length of 'holds' must be declared.